

OBSERVATION OF INTERNATIONAL DAY OF YOGA AT DHAKUAKHANA COLLEGE



The International Day of Yoga was observed by NSS Unit, Dhakuakhana College in association with Sub-Divisional Administration, Dhakuakhana at 6.00 AM on 21st June, 2018 at Dhakuakhana College Auditorium. The camp was inaugurated by Mr. Arindom Barua, S.D.O. (Civil), Dhakuakhana and the welcome address was given by Dr. Jugananda Sut, Principal, Dhakuakhana College. The theme of the Day was explained by Mr. Banamali Sut, Pradhanacharya, Sankardev Sisu Niketon, Dhakuakhana. Mr. Sut in his speech focused on the importance of Yoga for a healthy long life. Mr. Samarjyoti Phukan, Mr. Upen Chutia and Mr. Nalin Chetia demonstrated various skills of Yoga for 167 participants. The whole program, anchored by Mr. Chitra Kumar Konch, Vice-Principal, was too much effective and appreciable.